## **Bowerchalke and Broad Chalke COVID Support Network**

## Lock Down 3

As you will be aware we entered Lock Down 3 at 00:01 today Tuesday 5<sup>th</sup> January 2021. This is not what any of us would have wanted but the important thing now is to stay safe and well until the vaccine is sufficiently rolled out through our community and across the UK.

During this lock down you must not leave, or be outside of your home except where necessary. You may leave the home to:

- shop for basic necessities, for you or a vulnerable person
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person, this should be limited to once per day, and you should not travel outside your local area.
- meet your support bubble or childcare bubble where necessary, but only if you are legally permitted to form one
- seek medical assistance or avoid injury, illness or risk of harm (including domestic abuse)
- attend education or childcare for those eligible

Full details about what you can and cannot legally do can be found at https://www.gov.uk/guidance/national-lockdown-stay-at-home

## **Local Services & Information**

In Bowerchalke and Broad Chalke we are fortunate enough to have excellent local services to support us through the lock down.

- Collection of prescription medicines contact Chalke Valley LINK Scheme 01722
  780800 and they will explain the procedure to you. To save queuing at the surgery in
  inclement weather and reduce the pressure on NHS staff you are actively
  encouraged to ask the LINK to provide this service for you. Please contact them for
  all the details.
- Deliveries and collections from Chalke Valley Stores contact 01722 780998 with
  your order they will explain how payment can be made and arrange delivery or for
  you collection. As the Coffee Shop has had to close, the Hub are offering a limited
  menu of take away drinks and food. If you are going to the CV Stores yourself please
  remember to wear a face covering and sanitise your hands before entering the shop.
- Post Office will continue to operate its usual opening hours
- Queens Head takeaway service will operate Wednesday to Saturday. Orders can be made by phone between 10am and 3pm only. A delivery service can also be provided for the vulnerable or shielding please ask at the time of ordering. Full details of the menu can be found on <a href="https://queensheadbroadchalke.us8.list-manage.com/track/click?u=141a3582d75acc08bf551099c&id=ab3ee2b810&e=d1bdbe8315">https://queensheadbroadchalke.us8.list-manage.com/track/click?u=141a3582d75acc08bf551099c&id=ab3ee2b810&e=d1bdbe8315</a>

- Bowerchalke Saturday Market open as usual at Bowerchalke Village Hall 09:30 to 12 noon
- Playground and playing field at CVSC remains open
- Sixpenny Handley Surgery has announced that the vaccine will be available from 6<sup>th</sup>
  January to the over 80's. Please do not phone the Surgery about the vaccine they will
  contact you. Full details can be found on their website.
  https://www.sixpennydocs.co.uk/practice\_news/sixpenny-handley-and-chalke-

https://www.sixpennydocs.co.uk/practice\_news/sixpenny-handley-and-chalke-valley-practice-covid-19-vaccine-invitations-for-over-80s-pfizerbiontech-vaccine/

## Information

Both Bowerchalke and Broad Chalke Parish Council websites now contain local information about COVID 19

https://www.broadchalkeparishcouncil.com/ http://www.southwilts.com/site/Bowerchalke-Parish-Council/

Wiltshire Council also provide regular updates on services available across the county and other useful information. You can sign up to their email newsletter service via the below link.

https://www.wiltshire.gov.uk/article/2809/Sign-up-to-our-e-newsletter